

The Day Mom Flew Over The Fence

I, Scott Temple, am grown now. This happened when I was just a little boy, but I'll never forget it, if I live to be a hundred. It marked the day that changed my life from just living to living in faith.

We lived on a farm. My father owned a wagon and often made deliveries for people in our community. When he was gone, Mom had to look after the animals.

On this day when Dad was away, we children went out with Mom to look after the animals. I was seven, my brother Matt, ten, and my little sister Julie had just turned five.

We had two cows, a calf, and chickens. But the scary thing was Cicero the bull. He was big and mean and I'm sure Mom had great respect for him. But with Dad gone he still had to be taken care of.

I think Mom liked having us there with her, though we knew full well we were to stay on the outside of the strong planked fence.

Mom kept clear of Cicero, the bull. She never took her eyes off him when she was in the stock corral. That day we stood looking through the fence, Matt and I from the higher space and Julie from the lower one. Mom fed the cows and chickens and put some feed in the box for Cicero.

He had a ring in his nose to make him easier to handle, for my Dad at least.

That day, when Mom came out of the barn with the feed for Cicero, she discovered to her horror that the bull's nose ring was caught on a spike on a stump. He was standing very still, but his eyes were rolling.

Mom knew she couldn't leave him like that. I knew she was scared. I know my Mom, so I know that before she went to the barn to get a pole, she asked God to help her. She approached Cicero slowly, cautiously. Then she stuck out the pole to loosen the ring from the stump.



When the pole touched the stump, Cicero let out a noise that was somewhere between a bellow and a snort. Mom lifted the ring, but not far enough. So she took the pole and lifted it again. It came loose and Cicero headed for Mom businesslike, head down.

What happened next happened faster than I can tell it. Mom had meant to climb the fence, plank by plank. But there simply wasn't time for that. Cicero was awfully close. She reached one hand to the top plank of the fence and then she just flew over it.

I never saw such an amazing leap in my life. She just went up from the ground and over. Matt and Julie and I were so amazed that we forgot about Cicero.

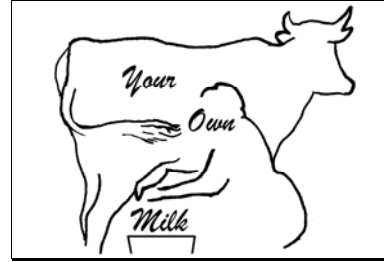
"Do it again, Mom," we yelled with one accord. "Do it again!"

Mom was out of breath, but she landed more or less upright. She was as amazed at what she had done as we were.

"Children," she panted, "I couldn't do it again if my life depended on it." Which it had. "No matter how hard I would try, I couldn't get over the fence the way I just did." She paused to catch her breath.

"Whatever happens to you, I want you to remember that leap for the rest of your lives. It was only God's power that enabled me to do it," Mom continued, "He was watching over me. He saw that if He didn't come to my rescue, that bull would win. He saw that it was my only chance, and He gave me power that I didn't have on my own. No, I could never do it again. But God's power is always enough. Don't forget."

Whenever I am scared, whenever it seems there is no other way out, I remember Cicero and God, and the day Mom flew over the fence.



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Spring 2014

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"And he brought us into this place and gave us this land flowing with milk and honey"

Deuteronomy 26:8-10



Ferne and David's... Herd Happenings

Ten Unusual Uses for MILK

Milk has thousands of uses in the kitchen. It is a tasty drink on its own, and gives drinks like coffee and hot chocolate a richer flavor. It is also a hit when making pastries. Cakes, cookies and other sugary goodies are simply not as good without milk. Through the number of ways it can be used as a product for cooking and baking, people tend to overlook the fact that milk's usefulness extends well beyond the kitchen and the dining room. It is actually among the favorite items of DIY pundits. Milk, having a rich and creamy base, is a natural moisturizer, making it a versatile household item. It contains nutrients that are known to make skin smooth and healthy, which makes it an unconventional bath item and a popular ingredient for making soap. Its thick base, when applied on furniture, can dislodge dirt and some stains. As you can see, milk is just like a toolbox when it comes to household functions. Here are 10 of its most unusual uses:



1. **Relief for Sunburn** – You can relieve yourself of the discomfort by creating a milk-based sunburn solution. Mix with two pinches of salt. Apply the solution on the burnt spots.

2. **Flavor Booster for Corn** – Milk is often used to enhance the flavor of coffee and pastries. Surprisingly, it also has the same effect on corn. Pour some milk on the water used to boil corn; then stir. When both ingredients have been mixed, place the corn in the mixture. Leave it in the pot until the mixture boils.

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Milk Toast Recipe

Ingredients:

4 slices wholesome toasted bread
2 cups farm fresh milk
1/4 cup raisins (optional)
1/4 teaspoon salt (or sugar!)
cinnamon, if desired

How to make it:

Butter the toast and place 2 slices each in two soup bowls.

Heat the milk with the raisins and salt or sugar.

Simmer for a minute or two until the raisins are plump.

Pour half the milk mixture over each serving.

Sprinkle with cinnamon, if desired.

Kind words do not cost much. They never blister the tongue or lips. They make other people good-natured. They also produce their own image on men's souls, and a beautiful image it is.
—Blaine Pascal

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Unusual Uses for Milk Continued

Now, get the corn and take a bite. You will notice a rich sweet taste that will make you crave more.

3. **Hand Soap** – Pamper your hands by applying cold milk to calluses and hardened layers of skin. You will have soft, clean hands right after. If your skin remains hard, just apply cold milk three times a day.

4. **Relief for Insect Bites** – Milk eases the itchiness of insect bites. Its enzymes also help relieve the swelling. Create a mixture from milk, water and salt, then apply it on the insect bites. The redness and itching will either be gone or significantly reduced.

5. **Ink Stain Remover** – Just soak an ink stain in a milk–lemon juice mixture for the entire day and it will fade or even disappear.

6. **Shine Shoes and Leather Items** – Get a rag and soak it in milk. Apply it on your leather shoes, bags and other leather-based items for a nice quick shine.

7. **Milk Bath** – it's a moisturizer and an effective skin softener. Fill one half to three fourths of your bathtub with milk. Let the white bathwater work on your skin for about 30 minutes to an hour. After your bath, you will certainly have soft and better-looking skin.

8. **Ingredient for Making Soap** – to have soap that is hard on germs but gentle on your skin, create a mixture from milk, glycerin, oatmeal, lard, and natural scent oils. You can use a blender to speed up things. Boil the mixture for a few hours then place it in the soap molds. You will have a product as good as the ones sold at health and beauty stores.

9. **Fish Taste Enhancer** – Get a frozen salmon or blue marlin from the freezer and thaw it in a bowl filled with milk. After cooking, the fish will have a richer flavor and a smoother texture.

10. **Furniture Cleaner and Polisher** – Combining milk's creamy base with lemon juice's acidity creates an exceptional furniture cleaner. Milk's heavy base will push away dust and dirt, while lemon juice takes care of the stains and disease-causing microbes. Add essential oil to leave a refreshing scent.

Grazing Changes Seasonally

As for grass-fed, this is important for two reasons. First, cows were not designed to eat grains like corn and it really messes with their health. I don't think conventional milk is "bad for you" (compared to other cow milk) but grass-fed means the cows are in optimal health, and so their milk is better from that sense. The second thing is that cows fed grains have meat and milk that is high in Omega 6's but low in Omega 3's. Grass-fed cattle have much higher levels of Omega 3's in their meat and milk. Keep in mind, however, that cows can only graze on fresh pasture during the spring and summer months in some climates - in winter they are generally on hay only. Still much better than grain-fed, but not quite as full of spring-blooming plant nutrients. I'm making extra butter from our current batches of raw milk and freezing it b/c the cows are on fresh spring grass which has the highest Omega 6 content.

As for raw milk, it contains the same "living cells" that breastmilk does, and other

nutritious stuff that is killed by the process of pasteurization. Also, it contains all the cream which you can use to make butter or just include in the milk. I'm one of those people who is not afraid of "real fat", I think it's good for you, so I think drinking whole-fat milk (which you do by default when you use raw milk) is good for you on that account as well. It's creamy and delicious! As for the potential dangers of raw milk, I blame that on the industrialization of milk production. Small farmers who take standard precautions with their raw milk are not, IMHO, providing any real risk to consumers. Millions of people have been raised on raw milk from small dairies with no problems.

Here in Canada (BC) we pay about \$3.50 for a gallon of conventional milk at a big-box grocery store. But our family also gets raw milk from a local farmer and we pay \$12/gallon for that.
(Post-Doctoral Mama's blog post)



Notice: We don't sell milk, so please **do not write milk on check memos.** Boarding fee is acceptable.